

Dissociative-like Experience among Gamblers



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SUMMARY: *The aim of this narrative review is to offer an outline of the research studies that focused on the experiencing of dissociation or dissociative-like experiences among gamblers. This topic has not attracted much research attention despite the potential for the direct use of any such research evidence in practice, particularly in developing harm reduction measures. The available research findings suggest that gamblers, especially problem or pathological ones, experience intensive absorption by play during their gambling activities which is interpreted as an experience of dissociation when it is defined as a continuum. Studies of the predisposition to experiencing dissociation in problem or pathological gamblers produce mixed results.*

KEY WORDS: NARRATIVE REVIEW – DISSOCIATION – DISSOCIATIVE-LIKE EXPERIENCE – PROBLEM/PATHOLOGICAL GAMBLING

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