

## *The Perspective of Attachment Theory in the Treatment of Adults with Substance Use Disorders*



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**SUMMARY:** *Attachment theory is one of the most significant concepts in the treatment of Substance Use Disorder. It expands the possibilities of implementing theoretical knowledge in clinical practice in order to improve therapeutic outcomes. This review combines theoretical knowledge about attachments with a practical focus on addiction treatment within a long time frame. The aim of this paper is to explore the usability of ideas from attachment theory and clinical practice within the therapeutic process. The study describes four types of approaches to attachment in relation to the needs of clients and provides inspiring suggestions for attachment-focused psychotherapy.*

**KEY WORDS:** ATTACHMENT – TREATMENT OF SUBSTANCE USE DISORDERS – ATTACHMENT-FOCUSED THERAPY – THERAPEUTIC COMMUNITY

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